

## **PORTABLE. POWERFUL. PERFECT**

From the leader in whole body vibration for over 20 years, the Power Plate<sup>®</sup> Roller<sup>™</sup> is a portable vibrating massager that helps relax and rejuvenate tight and sore muscles, release fascia and promote blood flow to help you prepare faster and recover quicker.

The Roller is a cutting-edge vibrating massager that:

- Helps relax and rejuvenate tight and sore muscles
- Promotes blood flow and fascia release
- Accelerates exercise warm up and recovery
- Enhances range of motion
- Increases flexibility
- Reduces pain





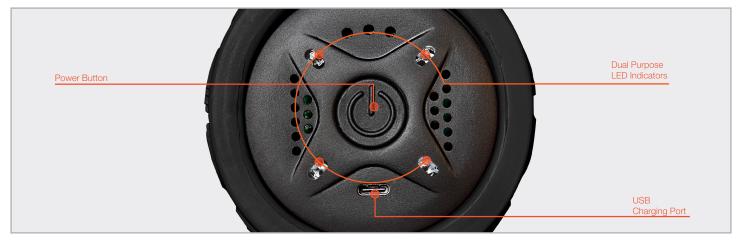
To get training tips, workouts and even more ways to get the most out of the Roller, download the Power Plate App.





powerplategulf.com powerplate.in

## Simple, 1-Button Control



## Power Plate<sup>®</sup> Roller<sup>™</sup> Features

## 62PG-900-15 62PG-900-01

Color	Matte Black, Matte Red	62PG-900-01
Charging Method	USB-C	
User Materials	Quick Start Guide (in-box); Educational Content (via the Power Plate A	(qq)
Vibration Levels	3 Standard, 1 Rhythmic Pulse (Oscillation Mode)	
Vibrations Per Minute	Standard Levels (levels 1-3): 2,000 / 2,700 / 3,700 Rhythmic Pulse (level 4): 2,000 - 2,700	
Battery Charge Time	~ 2 Hours (120 Minutes)	
Battery Runtime	~ 3 Hours	
Auto Shutoff Timer	10 Minutes	
Weight	1300g / 2.9lbs	
Product Warranty	1 Year Limited Manufacturer's Warranty	
Certifications	CE, FCC	



Visit our website at powerplate.com to check out the rest of our targeted vibration products.

Available on the App Store



For training tips, workouts and even more ways to get the most out of our products, download the Power Plate App.



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