



The World's Most Revolutionary Pedal Meets The World's Most Revolutionary Bike

Simply step into the VFS-10, our new, self-engaging premium pedal to secure your foot for a comfortable ride on the Power Plate® REV™. Perfect for any athletic shoe - no more strap adjustments, baskets or riding shoes required.

The world's only self-adjusting pedal is perfect for HIIT workouts and circuit training as it allows riders to easily and quickly get on and off the Power Plate® REV to transition to exercises on a Power Plate whole body vibration platform, the floor or other modality.



Premium Pedal Features

- No bending over to adjust straps
- No special riding shoes required for full push and pull pedal stroke
- Pedals self-adjust to any size feet
- Works with any type of shoe
- When done riding, simply step off and the pedal stays upright
- Easy to install and retrofit
- Stress tested to withstand any home or gym environment
- Creates a smooth pedal stroke
- Activates full range of leg muscles

Product Number: 62VS-100-00

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powerplate.in

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For training tips, workouts and even more ways to get the most out of our products, download the Power Plate App.



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