

## Personal Power Plate® Stability Bar

The Personal Power Plate® is a total-body exercise tool that helps you reach your goals faster and more effectively. What sets this model apart from other Power Plate models is its simple design and compact size.

Introducing the Personal Power Plate Stability Bar, a new accessory designed to offer the user stability and unit mobility. The lightweight, intuitive design has been engineered to allow maximum range of motion around the Personal Power Plate and features four variable height adjustments to find a handle height that best fits your needs. The Stability Bar base has also been designed with wheels to make the whole unit easier to move from room-to-room.

Bring Stability to Your Routine.





## **Personal** Power Plate® **Stability Bar**

Easy Assembly & Portability in One Complete Package.

Assembly takes just a few minutes. One the Stability Bar is affixed; you will have the freedom to easily roll your Personal Power Plate from room-to-room due to the 2 wheels on the mounting plate.

The Personal Power Plate Stability Bar is to be used exclusively with the Personal Power Plate and is not compatible with any other model.

COMPONEN	ITS INCLUDED	OUANTITY

1	Mounting Plate	1	
2	Assembly Tool	1	
3	Base & Trolley	1	
4	Handlebar	1	
5	Screws	4	
6	Vertical Extension Bar	1	









Personal Power Plate Stability Bar is only compatible with Personal Power Plate units starting with Serial Numbers 27007173 and above.

