

COMPACT WITHOUT COMPROMISE

From the leader in whole body vibration for over 20 years, the Power Plate® Mini^{+™} is a quiet, ultracompact, portable handheld massager that is convenient enough to take with you everywhere you go. This pocket-sized massage gun gives you a spa-like treatment and integrates easily into your busy, daily life to help:

- Relax and rejuvenates tight and sore muscles
- Accelerate exercise warm up and recovery
- Promote blood flow and fascia release
- Enhance range of motion
- Reduce muscle pain



ULTRA LIGHTWEIGHT DESIGN

WHAT'S INCLUDED

The Power Plate Mini+ comes with two unique attachments as well as the USB-C charging cable and a lightweight carrying pouch for storage and travel.



POWER

PLATE.

powerplategulf.com powerplate.in

Simple, 1-Button Control



Power Plate[®] Mini^{+™} Features

Colors	Matte Black			
Charging Method	USB-C Charge Cable			
User Materials	Quick Start Guide (in-box); Educational Content (via the Power Plate App)			
Vibration Levels	4 Standard Ascending Intensity Levels			
Vibrations Per Minute	Level 1 1,800/30Hz	Level 2 2,200/37Hz	Level 3 2,600/43Hz	Level 4 3,000/50Hz
Battery Charge Time	3.5 Hours (210 minutes)			
Battery Runtime	5 Hours (level 1)			
Auto Shutoff Timer	10 minutes			
Weight	.96lb (435g)			
Certifications	CE, FCC			
Motor Type	Brushless Motor			
Amplitude	8mm			
Stall Force	17 lbs (7.71kg)			
Carrying Pouch	Drawstring Pouch			
Product Warranty	1 Year Limited Manufacturer's Warranty			











Visit our website at powerplate.com to check out the rest of our Targeted Vibration Products



For training tips, workouts and even more ways to get the most out of our products, download the Power Plate App.





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